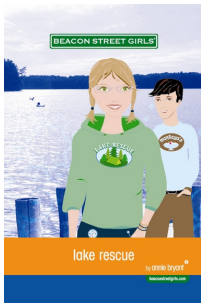
Writing Activity 2: **Keeping a Journal**



"Remember, your number one assignment is to keep a journal. Here are some suggestions for journal starters, but I want you to 'free write' each day about your experiences. Each day, write about someone you helped and someone who helped you. What you learned about working together. If you get to know someone new, write about that person. If you learn something you never knew about yourself, or if someone surprises you, write about that."

***~Lake Rescue* p. 98**

Materials: Pencil and paper.

What do you think Chelsea would write in her journal?

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Imagine you are a camper at Lake Rescue. What would you write in your journal?

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In *Lake Rescue*, Ms. Rodriguez asked the BSG and their classmates to start a journal on their outdoor adventure trip. Follow the Ms. R's directions and write a journal entry for yourself today. Remember, poems and doodles are fine. Be creative!

Dear Diary…

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