

Art Activity 1: Sneaker Designs



Fashionable or old-fashioned?

“Did you see her sneakers?” Julie whispered to Sarah. “Those are so fifth grade!”

-Freaked Out p. 39

Many girls get caught up in wanting trendy styles even if they are not practical or right for them.

Just for fun, design and draw a pair of sneakers that you might not want to wear but are different and interesting in some way.

Art Activity 2: **Cardboard Box Creations**



“Do we want to be on TV turning a box into a car?”
-Freaked Out p. 158

The cardboard car the BSG create in book 7 is only one unique item that you can make with a few supplies and a ready box.

Now it's your turn to try and turn a cardboard box (a big furniture box works best) into some imaginary vehicle. Would you make a space ship? A car? A boat? What? Get a box. Try it! Enjoy!

Supplies:

- Cardboard box
- Exacto knife (Use with adult supervision only)
- Markers

Discussion Activity 1: **Be Heard**



Party Time...

“Didn’t you get...um...your invitation from Julie Faber?... “Julie gave them out at lunch yesterday. Didn’t she give you one?” Charlotte continued.

“Yeah, well, maybe I’m not invited,” Avery said.

“We’re not going to the party,” Katani announced.

-Freaked Out p. 21-22

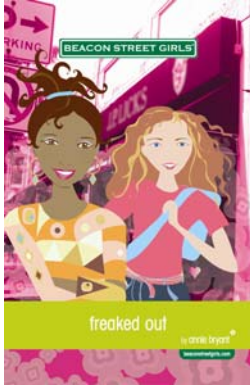
In Book 4, Katani speaks up and confidently states her opinion that the BGS should boycott the party in support of Avery.

State your opinion. Do you think that the BSG not going to the party is a good idea? Why or why not?

Was there ever a time when you wanted to speak up about something you felt strongly about, but held back?

Would you speak up now if you had another chance?

Discussion Activity 2: **Separate Ways**



Reconnecting?...

“Her father was definitely in a good mood. He was enjoying her mother’s company. A big smile escaped onto Maeve’s face.”

-*Freaked Out* p. 84

Maeve watches her divorced parents spend a pleasant time together at the Tae Kwon Do performance. Maeve is happy about their flirtatious behavior towards one another. Can they be a family again?

Do you believe Maeve is holding out false hopes of her parents getting together again?

Do you think Maeve’s parents are good parents even if they are not living together?

Do you think that parents who cannot live harmoniously together should separate or divorce, or should they stay together anyway?

Research Activity 2: Rosa Parks & Ruby Bridges



Rosa Parks stands strong...

“She was noted in history as the black woman who refused to give up her seat on the bus to a white man.”

-Freaked Out p. 28

Research and compare the stories of Rosa Parks to that of Ruby Bridges, the child who became the first African-American to attend a formerly all-white school. How are the stories alike? In what ways are the stories different? From your research, chart the similarities and differences.

Supplies:

- Internet access
- Pencils
- Paper

Directions:

- Fold a paper down the middle the “long way.
- Head the left hand column “ALIKE” and the right hand column “DIFFERENT”.
- Fill in the columns with your points of comparison.

Writing Activity 1: Nervous Symptoms



“As the girls started walking toward the cafeteria, the usually talkative Maeve remained quiet. Her stomach was going crazy and her palms were sweating.”

-Freaked Out p. 7

Maeve is freaking out about the big math mid-term.

Do you recall the last time you “freaked out” about a problem?

What “symptoms” did you notice about how your own body reacts to stress? Does your mouth go dry? Does your heart seem to beat faster?

Write a descriptive paragraph telling how your body reacts to fear or stress. Write at least 5 supporting details.
