

Fashion Frenzy

Activity Guide

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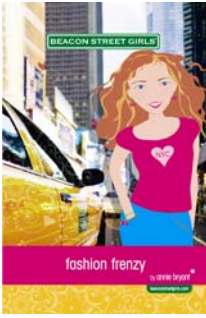
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Discussion Activity 1: Finding Your Fears



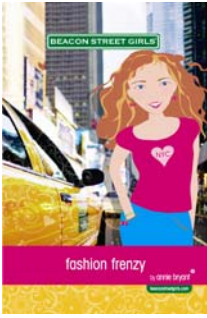
“Isabel turned to Charlotte and whispered nervously, ‘do we have to look at the mummies? Mummies really freak me out! I’ve seen waaaay too many horror movies about mummies who come back to life to hunt for more victims. When they find people they...oh, it’s too horrible!’”
Fashion Frenzy, pg. 26

1. What kinds of things are you afraid of? What about them makes them scary? Is it they way that they look? Or the noises they make?

2. Do you think it’s important to face your fears? Why or why not?

3. Go around the group and talk about your fears? Which ones are most common?

Discussion Activity 2: Learning from the Movies



The amount of stuff Maeve had learned from movies was incredible.

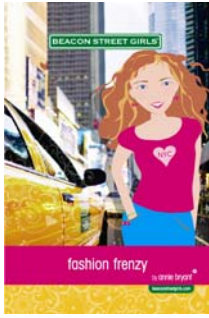
Fashion Frenzy, pg. 76

1. Jot down three or four things you've learned from watching movies.

2. Do you think movies are always a reliable source of information? Why or why not?

3. Discuss in your group when information from the movies is reliable and when it isn't. Can you think of any examples where a movie would suggest one thing, but in reality something else is true?

Research Activity 1: Model Behavior?



“Maeve could pick out Dina B’s models in the crowd. They were all curvy, healthy-looking girls, wearing beautifully cut print clothes in bright colors, along with beautiful jewelry. They were also the only ones eating.”

Fashion Frenzy, pg. 158

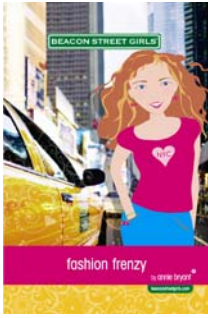
The fashion industry has recently been facing a lot of criticism for pressuring models to be extremely thin. Many models suffer from an eating disorder called anorexia nervosa.

What are the symptoms of anorexia nervosa?

What are possible health consequences of eating too little and skipping meals?

Look in recent newspapers and magazines and see what you can find out about the fashion industry and anorexia. Are designers doing anything to discourage models from becoming too thin? Do you have any ideas about how to change the industry?

Research Activity 2: Women in Business: Then and Now



“Her heart lifted when she saw that it was a tow truck. The words ‘Sally’s Service Station’ were painted on the side in blue letters. That’s pretty cool, she thought, a service station with a girl’s name!”

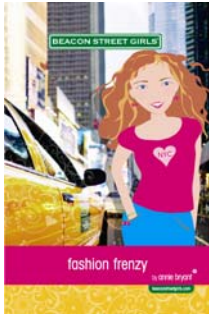
Fashion Frenzy, pg. 75

Like Katani notes, it’s still pretty uncommon to see women as auto-mechanics. Jot down as many jobs as you can think of that are still traditionally thought of as only for one gender.

Talk to someone who is over 50 years old about what jobs were available for women when they were growing up. What did you find out?

See if you can find an older woman who held a “man’s job.” Interview her to find out what her experience was.

Art Activity 1: A Day in New York



“Then it dawned on her: She was actually in Times Square. For years she had imagined standing in the middle of Times Square as a famous actress, waving graciously to crowds, completely confident in the spotlight, relishing the long theatrical history of Broadway...the Great White Way.”

Fashion Frenzy, pg. 112

If you got to spend a day in New York City, what would you do? Where would you go? Since everybody has different interests, everybody has different priorities when they are visiting a new place. Isabel is all about the art museums, while Katani wants to see the fashion business. Think about what your dream day in New York would include. Then, using the New York City subway map as a background, make a collage reflecting your perfect day in the city.

Materials:

Computer

Printer

Magazines

Markers and pens

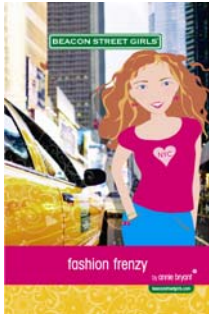
Glue

Scissors

Instructions:

1. Print out a map of the New York subway system.
2. Cut out pictures from magazines of things that you would want to see in the city. It doesn't have to be exactly the real thing. (For example, if you want to see Central Park, you can cut out a picture of a different park to represent it.)
3. Glue your pictures onto your map, as close as you can to where they actually are related to the map.
4. Use markers and pens to label your stops. Use the internet to research which subway stops your locations are at. Plan out an efficient route and label your places in the order you would visit them.

Art Activity 2: Egyptian Urns



“I’ve always thought Egyptian urns and murals were really cool. You know, the pictures on them tell stories.”

Fashion Frenzy, pg. 91

The Egyptians used pictures to tell stories. Think of a short, simple story, and come up with a way to represent your story in symbols and pictures, but NO words. You want each picture to be clear and easy to draw, in case you have to do it multiple times, so simplify your images as much as you can.

Materials:

Piece of white drawing paper

Color pencils

Instructions:

1. Draw an outline of an urn as big as you can on your piece of paper. Check out the picture below to get the general idea of how it can look.
2. Figure out how many symbols you will need, and sketch out dividing lines on your urn. This is to help you keep all your pictures approximately the same size.
3. In each section, lightly draw in your symbol. When you’ve made everything fit, trace over your light lines with a dark pencil or pen.
4. Color it in.
5. Without telling the stories, go around the group and see what you can interpret from other people’s symbol drawings.

